




**Trousdale County Schools Cafeterias
Elementary, J.B. Satterfield Middle, High**

April 2018					Breakfast
	Monday	Tuesday	Wednesday	Thursday	Friday
** Fruit and/or Fruit Juice <u>MUST be taken</u> with each breakfast meal **					
	Week 1: French Toast	Week 1: Cream Cheese Bagel	Sausage Biscuit	Donut	Chicken Biscuit
	Week 2: Pancake Pup	Week 2: Muffin & Graham or Poptart			
ES alternative Breakfast – Everyday: Cereal & Graham Crackers					
					Lunch
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	2 Chicken Nuggets Red Beans & Rice Tater Tots	3 Nachos Quesadilla Refried Beans Salsa Cup Mexican Rice	4 Salisbury Steak Chicken Leg Baked Potato Garden Salad Roll	5 Pizza or Tuna Salad Fries WK Corn	6 Hamburger/Cheese Corn Dog Fries Carrots w/ranch
Week 2	9 Chicken Patty or Country Fried Steak Turnip Greens Creamed Potatoes Pinto Beans Cornbread	10 BBQ Riblet w/roll or Cheesy Breadstick w/marinara sauce Green Beans Steamed Carrots	11 Pizza Corn on the cob Broccoli Salad	12 Nachos Quesadilla Refried Beans Salsa Cup Mexican Rice	13 Chicken Patty or BBQ Sandwich Tater Bucks Coleslaw
Week 1	16 Chicken Alfredo Beef Steak & Gravy Creamed Potato Glazed Carrots Roll	17 Pizza Or Chicken Salad Fries WK Corn	18 Spaghetti or Fish Wedge Garlic Bread Spinach Romaine Salad CA Blend Veg	19 Nachos or Quesadilla Salsa Cup Refried Beans Mexican Rice	20 Hamburger/Cheese Hot Dog Fries Vblend or V8 Carrots w/ranch
Week 2	23 Ravioli or Chicken Leg Steamed Carrots Green Beans (HS) Breadstick	24 Chicken Strips Broccoli w/cheese fries (HS) Roll	25 Pizza Fries Red Beans	26 Lasagna or Fish Wedge Baked Potato Side Salad Roll	27 Hawaiian Sandwich or Philly Steak & Cheese Lattice potatoes Carrots w/ranch
Week 1	30 General Tao, Teriyaki Nuggets, Fried Rice, Egg Roll, Oriental Vegetables				

Updated 2/20/18

Variety of milk and fruit are served with breakfast and lunch daily.
Condiments and dressings will be offered depending on the day's menu.
Menus are subject to change...Side items may vary depending on school.
Check School Cafeteria for updates