



**Trousdale County Schools Cafeterias
Elementary, J.B. Satterfield Middle, High**

August 2017					Breakfast
Monday	Tuesday	Wednesday	Thursday	Friday	
** Fruit or Fruit Juice <u>MUST</u> be taken with each breakfast meal **					
ES: Breakfast Pizza or Cereal Bar & Graham Cracker MS: Chicken Biscuit HS: Breakfast Pizza	ES: Donuts or Yogurt/Muffin MS: Breakfast Pizza HS: Chicken Biscuit	ES: Pancake or Cereal & Graham Cracker MS: Sausage biscuit HS: Breakfast Boat	ES: Sausage Slider or Yogurt/Muffin MS: Breakfast Boat HS: Sausage Biscuit	ES: Breakfast Boat or Cereal Bar & Graham Cracker MS/HS: Donuts	
All students at Trousdale County Schools are able to eat FREE breakfast and lunch.					
					Lunch
Monday	Tuesday	Wednesday	Thursday	Friday	
	1 Pizza Chicken Salad w/crackers Fries Tuscan Blend Veg Dessert	2 Chili Mac Fish Wedge Sweet Potato Wedge Green Peas Roll	3 No School Youth Fair	4 No School Youth Fair	
7 Ravioli Chicken Leg Green Beans Steamed Carrots Roll	8 Chicken Nuggets Fish Treasures Fries Red Beans & Rice	9 Spaghetti w/Garlic Bread Tuna Salad -crackers Spinach-Romaine Salad CA Blend Veg	10 Taco Salad Quesadilla Black Bean Salsa WK Corn Mexican Rice	11 Deli Subs Carrot Sticks VBlend or V8 Fusion Chips	
14 General Tao Chicken Teriyaki Nuggets Fried Rice Oriental Blend Veg Egg Roll	15 Pizza or Chicken Salad Sandwich Corn on the cob Steamed Broccoli Dessert Rip Slush	16 Hawaiian Sandwich or Calzone Veg. Beans Peas & Carrots	17 Pork Riblet Hoagie Cheesy Pull Apart Green Beans Fries	18 Breaded Chicken or Fish Sandwich Sidewinder Fries Creamy Coleslaw	
21 Beef Steak w/gravy Chicken Alfredo Creamed Potato Glazed Carrots CA Blend Veg Roll	22 Chicken Strips Fish Strips Antique Blend Veg Red skin Potatoes Hush Puppies	23 Italian Pasta Bake Chicken Leg Baked Potato Steamed Broccoli Roll	24 Nachos or Turkey Burrito Bowl Refried Beans Salsa Cup Corn Mexican Rice	25 Corn dog Hamburger/ Cheeseburger Potato Smiles Carrot sticks Hs -Chips Welch's Slushie	
28 Chicken Sticks or Fiesta Chili Biscuit Red Beans Tri-Taters	29 Pizza Tuna Salad Croissant Fries Corn on the cob Dessert	30 Deli Subs Broccoli Salad Curly Fries Chips	31 Lasagna Fish Wedge Italian Blend Veg Spinach-Romaine Salad Roll		

Variety of milk and fruit are served with breakfast and lunch daily.
 Condiments and dressings will be offered depending on the day's menu.
Menus are subject to change...Side items may vary depending on school.
 Check School Cafeteria for updates