



**Trousdale County Schools Cafeterias  
Elementary, J.B. Satterfield Middle, High**

# February 2018

# Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
<b>** Fruit or Fruit Juice <u>MUST be taken</u> with each breakfast meal **</b>				
<b>ES, MS, HS</b> Breakfast Pizza  <b>ES:</b> or Cereal & Graham Cracker	<b>ES, MS, HS</b> Poptart & Graham Cracker  <b>ES:</b> or Cereal & Graham Cracker	<b>ES, MS, HS</b> Sausage Biscuit  <b>ES:</b> or Cereal & Graham Cracker	<b>ES, MS, HS</b> Donuts  <b>ES:</b> or Cereal & Graham Cracker	<b>ES:</b> Pancake pup or Cereal & Graham Cracker <b>MS, HS:</b> Chicken Biscuit

All students in Trousdale County Schools are able to eat Breakfast and Lunch FREE.

# Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> Taco Soup Quesadilla Black Beans Salso cup Mexican Rice WK Corn	<b>2</b> Chicken or BBQ Sandwich Baked Beans Coleslaw Fries
<b>5</b> General Tao, Teriyaki Nuggets Fried Rice Egg Roll Oriental Veggies Fortune Cookie	<b>6</b> Chicken Strips Corn on the Cob Fries Breadstick	<b>7</b> Chili w/cheese Stuffed Sandwich or Hot Dog w/chili Tots Green Beans	<b>8</b> <b>Nachos Quesadilla</b> Black Beans Salsa Cup Corn on the Cob	<b>9 - Power Friday</b> Hamburger/Cheese or Corn Dog Fries Baked Beans
<b>12</b> Chicken Patty or Country Fried Steak Turnip Greens Creamed Potato Pinto Beans Breadstick	<b>13</b> Pizza or Chicken Salad Fries Steamed Carrots	<b>14</b> Nachos or Quesadilla Fries WK Corn Salsa Cup Dessert Side kicks 	<b>15</b> Chicken Smackers/Nuggets Sweet Potato Fries WK Corn	<b>16</b> Hot Hawaiian or Philly Steak & Cheese Sandwich Fries Vegetable Soup
<b>19</b> Presidents' Day <b>No School</b>	<b>20</b> Chicken Strips/Popcorn Fries Red Beans Breadstick	<b>21</b> Fish Wedge or Lasagna CA Blend veg Creamed Spinach Roll	<b>22</b> Taco Soup or Cheesy Breadstick Black Beans Salsa Cup Mexican Rice WK Corn	<b>23- Power Friday</b> Hot Dog Hamburger/Cheese Fries Baked Beans Slushie
<b>26</b> Ravioli Chicken Leg Glazed Carrots Green Beans Roll	<b>27</b> Pizza or Tuna Salad Fries Corn on the Cob	<b>28</b> Spaghetti or Fish Wedge Garlic Bread Baked Potato Steamed Broccoli		<small>Updated 1/19/18</small>

Variety of milk and fruit are served with breakfast and lunch daily.  
Condiments and dressings will be offered depending on the day's menu.  
**Menus are subject to change...**Side items may vary depending on school.  
Check School Cafeteria for updates