



**Trousedale County Schools Cafeterias  
Elementary, J.B. Satterfield Middle, High**

<b>March 2018</b>					<b>Breakfast</b>
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>** Fruit and/or Fruit Juice <u>MUST be taken</u> with each breakfast meal **</b>					
	<b>Week 1:</b> French Toast  <b>Week 2:</b> Pancake Pup	<b>Week 1:</b> Cream Cheese Bagel  <b>Week 2:</b> Muffin & Graham or Poptart	Sausage Biscuit	Donut	Chicken Biscuit
<b>ES alternative Breakfast – Everyday: Cereal &amp; Graham Crackers</b>					
					<b>Lunch</b>
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Week 1</b>				<b>1</b> Nachos Quesadilla Refried Beans Salsa Cup Mexican Rice	<b>2</b> Chicken or BBQ Sandwich Coleslaw Fries Baked Beans
<b>Week 2</b>	<b>5</b> General Tao, Teriyaki Nuggets, Fried Rice, Egg Roll, Oriental Vegetables	<b>6</b> Chicken Smackers Green Beans Tri Tater (HS) Breadstick	<b>7</b> Italian Pasta Bake Chicken Leg Baked Potato Steamed Broccoli Roll	<b>8</b> Pizza Marinara Sauce WK Corn Black Beans	<b>9</b> Hamburger/Cheese Corn Dog Fries Carrots w/ranch
<b>Week 1</b>	<b>12</b> Chicken Patty or Country Fried Steak Turnip Greens Creamed Potatoes Pinto Beans	<b>13</b> Pizza Corn on the Cob CA blend veg	<b>14</b> Spaghetti or Fish Wedge Garlic Bread Side Salad Steamed Carrots	<b>15</b> Cheesy Bread Stick or Quesadilla Salsa Cup Refried Beans Mexican Rice	<b>16</b> Deli Sandwich Carrot Sticks V8/Blend Chips
<b>Week 2</b>	<b>19</b> Chicken Alfredo Beef Steak & Gravy Creamed Potato Glazed Carrots Biscuit	<b>20</b> Chicken Strips Broccoli w/cheese fries (HS) Roll	<b>21</b> Pizza Fries Chuck wagon Corn	<b>22</b> <i>Parent/Teacher</i> Hamburger/Cheese or Hot Dog Fries Baked Beans	<b>23</b> <b>No School</b>
	<b>26</b> <b>No School</b> <b>Spring</b> <b>Break</b>	<b>27</b> 	<b>28</b>	<b>29</b>	<b>30</b> <b>No School</b> <b>Good Friday</b>

Updated 2/20/18

Variety of milk and fruit are served with breakfast and lunch daily. Condiments and dressings will be offered depending on the day's menu. **Menus are subject to change...**Side items may vary depending on school. Check School Cafeteria for updates