

2017-2018 School Year



**Trousdale County Schools Menus  
For Elementary, J.B. Satterfield Middle, High**


**October 2017**

**Breakfast**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>** Fruit or Fruit Juice <u>MUST</u> be taken with each breakfast meal **</b>				
<b>ES:</b> Breakfast Pizza Or Cereal/graham cracker <b>MS:</b> Chicken Biscuit <b>HS:</b> Breakfast Pizza	<b>ES:</b> Donuts or Yogurt/Muffin <b>MS:</b> Breakfast Pizza <b>HS:</b> Chicken Biscuit	<b>ES:</b> Pancake or Cereal Bar/Graham Cracker <b>MS:</b> Sausage Biscuit <b>HS:</b> Pancake Pup	<b>ES:</b> Donuts or Yogurt/Muffin <b>MS:</b> Pancake Pup <b>HS:</b> Sausage Biscuit	<b>ES:</b> Cinnamon Roll or Cereal/Graham Cracker <b>MS/HS:</b> Donuts

**Breakfast and Lunch are free for all students in Trousdale County Schools.**

**Lunch**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Chicken Alfredo Beef Steak & Gravy Creamed Potato Steamed Carrots Roll	<b>3</b> Chicken Strips Red Skin Potatoes Corn on the Cob HS: Breadstick	<b>4</b> Italian Pasta Bake Chicken Leg Steamed Broccoli Baked Potato Roll	<b>5</b> Nachos or Burrito Refried Beans Salsa Cup Corn	<b>6 POWER FRIDAY</b> Hamburger/Cheese Corn Dog Potato Smiles Carrot Sticks w/ranch Sidekicks
<b>9</b> Chicken w/ Bread Stick Cheesy Pull A-parts Broccoli & Carrots Tri Taters	<b>10</b> Pizza ES - Tuna Salad Roasted Fry bites Corn on cob Dessert	<b>11</b> Deli Subs Baked Beans Curly Fries Chips	<b>12</b> Lasagna Fish Wedge Italian Blend Veg Spinach-Romaine Salad Garlic Bread	<b>13</b> BBQ Sandwich Hamburger/Cheese Carrot Sticks w/ranch Coleslaw
<b>16</b> MS/HS: General Tao, Teriyaki Nuggets Fried Rice, Egg Roll, Oriental Vegetables ES - Turkey & Gravy, Teriyaki Nuggets, creamed potato, green bean, biscuit	<b>17</b> Chicken Smackers Sidewinder Fries Carrot & Ranch Breadstick	<b>18</b> Salisbury Steak Chicken Leg Baked Potato Creamed Spinach Roll	<b>19 Parent/Teacher</b> Philly Steak & Cheese or Hot Dog Fries Baked Beans	<b>20 No School</b>
<b>23 Fall Break</b> <i>No School</i>	<b>24 Fall Break</b> <i>No School</i>	<b>25 Fall Break</b> <i>No School</i>	<b>26 Fall Break</b> <i>No School</i>	<b>27 Fall Break</b> <i>No School</i>
<b>30</b> Country Fried Steak or Chicken Dippers Roll Turnip Greens Creamed Potatoes Pinto Beans	<b>31 Halloween</b> Pizza or Tuna Salad w/cracker Crinkle Fries Green Beans Mystery Treat			

Variety of milk and fruit are served with breakfast and lunch daily.  
Condiments and dressings will be offered depending on the day's menu.  
**Menus are subject to change**...Side items may vary depending on school.  
Check School Cafeteria for updates