



**Trousdale County Schools Cafeterias
Elementary, J.B. Satterfield Middle, High**

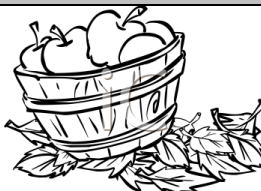
September 2017

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
** Fruit or Fruit Juice <u>MUST</u> be taken with each breakfast meal **				
ES: Breakfast Pizza OR Cereal & Graham Cracker MS: Chicken Biscuit HS: Breakfast Pizza	ES: Donuts or Yogurt/Muffin MS: Breakfast Pizza HS: Chicken Biscuit	ES: Pancake or Cereal Bar & Graham Cracker MS: Sausage Biscuit HS: Pancake Pup	ES: Donuts or Yogurt/Muffin MS: Pancake Pup HS: Sausage Biscuit	ES: Cinnamon Roll OR Cereal & Graham Cracker MS/HS: Donuts

**All students at Trousdale County Schools eat
Breakfasts and Lunches FREE of charge**

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				1 CA Dreamin' Chicken Sandwich Or BBQ Sandwich Carrot & Ranch Baked Beans
4 Labor Day <i>No School</i>	5 Chicken Smackers Sidewinder Fries Black Beans Breadstick	6 Salisbury Steak or Chicken Leg Creamed Spinach Baked Potato Roll	7 Taco Snack or Nacho WK Corn Salsa Cup Refried Beans	8 Philly Steak & Cheese or Chicken Salad w/crackers Fries Carrot & Ranch Sidekicks Slushie
11 Chicken Dippers or Country Fried Steak- Breadstick Turnip Greens Creamed Potatoes	12 Pizza ES = Tuna Salad w/crackers Fries Green Beans Dessert	13 Chicken Wrap or Burrito Pinto Beans Sweet Potato Wedge Chuckwagon Corn	14 Hamburger/Cheese Or Hot Dog Tater Bucks Carrot Sticks	15 No School
18 Ravioli or Chicken Leg Green Beans Glazed Carrots Red Beans & Rice Roll	19 Chicken Nuggets Curly Fries Steamed Broccoli & Carrots Breadstick	20 Spaghetti or Fish Wedge Garlic Bread Romaine Salad Baked Potato	21 Nachos or Burrito Curly Fries WK Corn Salsa Cup	22 Deli Subs Potato Smiles Baked Beans Chips Slushie
25 Teriyaki Nuggets, Sweet & Sour Chicken or General Tao Chicken Fried Rice or Noodles Oriental Blend Veg Egg Roll	26 Pizza ES -Chicken Salad Croissant Corn on the cob Crinkle Fries Dessert - Rips Slushie	27 Hot Hawaiian Sandwich Tater Tots Broccoli Salad Sweet Potato Wedges	28 Taco Salad or Quesadilla Black Bean Salsa WK Corn Mexican Rice	29 Breaded Chicken or BBQ Sandwich Sidewinder Fries Carrots & Ranch

Variety of milk and fruit are served with breakfast and lunch daily.
Condiments and dressings will be offered depending on the day's menu.
Menus are subject to change...Side items may vary depending on school.
Check School Cafeteria for updates