



**Trousedale County Schools Cafeterias
Elementary, J.B. Satterfield Middle, High**

April 2017

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
** Fruit or Fruit Juice <u>MUST</u> be taken with each breakfast meal **				
ES: Sausage Slider Or Cereal Bar MS/HS: Cinnamon Roll/Donut Or Yogurt Parfait	ES: Donuts or Yogurt/Muffin MS/HS: Breakfast Pizza	ES: Pancake or Cereal MS/HS: Chicken Biscuit Or Yogurt Parfait	ES: Breakfast Pizza or Breakfast Cookie MS/HS: Pancake Wraps	ES: Cream Cheese Bagel or Cinnamon Roll MS/HS: Sausage & Egg biscuit Or Yogurt Parfait

At MS/HS: Daily you may choose 2 of the following instead of the above items: Cereal, Yogurt, Granola, Graham Cracker, Muffin, Poptart

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 <u>Turkey & Gravy</u> <u>Teriyaki Dippers</u> Black Eyed Peas Turnip Greens Sweet Potato Casserole - Biscuit	4 DESSERT <u>Pizza Day</u> W.K. Corn Garden Salad	5 <u>Corn Dog</u> <u>Chicken Nuggets</u> Mac & Cheese Steamed Broccoli Straight Fries	6 <u>Quesadilla</u> <u>Beef/Bean Burrito</u> Red Beans & Rice Salsa Tomato/Cheese/ Pepper cup	7 <u>Cheeseburger</u> <u>BBQ Sandwich</u> Triangle Fries Coleslaw Trimmings
10 <u>Grilled Chicken</u> <u>Beef Steak n' Gravy</u> Roll Peas & Carrots Creamed Potatoes	11 <u>Pork Riblet or</u> <u>Meatball Sub</u> Redskin Potato Wedge Pinto Beans	12 <u>Nachos</u> <u>Mini Chicken Taco</u> Fresh Carrots Corn on the Cob Trimmings	13 <u>Ham/Turkey</u> <u>w/cheese Hoagie</u> Chips Trimmings Broccoli Salad V8/V-Blend Drink	14 Good Friday <i>No School</i>
17 <u>Fish Strips</u> <u>Chicken Strips</u> White Beans Coleslaw Hushpuppies	18 Dessert <u>Pizza Day</u> Marinara Cup W. K. Corn Garden Salad	19 <u>Country Fried</u> <u>Steak & Gravy;</u> <u>Roasted Pork</u> <u>w/gravy</u> - Roll Green Beans Mashed Potatoes	20 <u>Taco Salad</u> <u>Cheese Burrito</u> Corn on the Cob Spanish Rice Fiesta Black Bean	21 <u>Calzone</u> <u>CA Dreamin</u> <u>Chicken</u> Guacamole or Lettuce cup Smiley Fries Antigua Blend Veg
24 <u>Chili Mac</u> <u>Chicken Alfredo</u> Breadstick Steamed Broccoli Scalloped Potato	25 <u>Turkey</u> <u>Burrito Bowl</u> <u>Mozzarella Sticks</u> Black Bean Salsa Fresh Carrot Sticks	26 <u>Fish Wedge</u> <u>Lasagna</u> Garlic Bread Italian Vegetables Spinach Salad	27 <u>Beef & Bean</u> <u>Burrito</u> <u>Quesadilla</u> Red Beans & Rice Salsa Cup Mixed Vegetables	28 <u>BBQ</u> <u>Sandwich</u> <u>Cheeseburger</u> Triangle Fries Coleslaw Trimmings

Variety of milk and fruit are served with breakfast and lunch daily.
Condiments and dressings will be offered depending on the day's menu.
Menus are subject to change...Check School Cafeteria for updates