

Child Safety Tips

From the Prevent Child Injury Newsletter

School districts across the country are making difficult decisions about the upcoming school year. Some parents are waiting to hear about where their child will be spending their school day, and others are having to make the choice about keeping their child home or sending them to school. Whether your child will be attending school in person, at home, or a combination of the two, staying injury-free and healthy is the goal. We have put together a few resources to keep your child safe while learning.

At School

Children get to school differently. Below are a few resources if your child is a walker or rides a bike, bus, or in the car with you.

[Safety Tips for Kids Walking to School – Children’s Health](#)

[Teen Pedestrian Safety Toolkit](#)

[Helping Your Child be a Safe Bicyclist – Walk & Bike to School](#)

[School Bus Safety – Safe Kids Worldwide](#)

[Distracted Driving Toolkit](#)

Make sure their backpack is the right size and weight to prevent back injuries, dress them for success on the playground, and remind them to play safely during recess.

[Backpack Safety – HealthyChildren.org](#)

[Playground Safety: What Parents Need to Know – Children’s Wisconsin](#)

In the Home

If your child will be staying at home during the week, it’s important to make sure that your home is a safe and healthy learning environment.

[Home Safety Checklist – Safe Kids Worldwide](#)

[Home Safety for Teens – Safe Kids Worldwide](#)

[Make Safe Happen App – Nationwide Children’s Hospital](#)

Lastly, we acknowledge that the stress of adapting to a new schedule, learning online, and following safety precautions against COVID-19 can take a toll on your child’s mental health. [Here is a great resource that provides helpful tips on having difficult conversations with your child if they are struggling.](#)