



TROUSDALE COUNTY ELEMENTARY SCHOOL

October 2019

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Pancake Pup Cereal/Crackers	Donuts Cereal/Crackers	Breakfast Pizza Cereal/Crackers	Sausage Biscuit Cereal/Crackers	Muffin Cereal/Crackers

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Sept 30 Country Fried Steak BBQ Riblet Turnip Greens Pinto Beans Mashed Potatoes Cornbread	1 Chicken Smackers Broccoli/Cheese Fries Slushie	2 Beefy Nachos/Cheese Burrito Refried Beans Salsa Cup Mexican Rice	3 Italian Pasta Bake Chicken Leg Green Beans Glazed Carrots Mashed Potatoes Roll	4 Hamburger/Cheese Sliders Corndog Pops Mustard/Ketchup/Mayo/LPTO Fries Cucumbers/Ranch
7 Chicken Nuggets Mashed Potatoes Green Peas Roll	8 Cheesy Pizza Tuna w/Crackers Corn-on-the-Cob Fries	9 Chicken Sandwich Riblet Sandwich Fries Baked Beans	10 Lasagna Chicken Leg Salad Steamed Broccoli Garlic Bread	11 Ham/Cheese Sandwich Turkey/Cheese Sandwich Chips Mustard/Ketchup/Mayo/LPTO Carrot Sticks/Ranch
14 BBQ Sandwich Grilled Chicken Mashed Potatoes White Beans Steamed Carrots Hushpuppies	15 Chicken Tenders Green Beans Fries Macaroni/Cheese Slushie	16 Cheesy Quesadilla Burrito Refried Beans Salsa Cup Corn	17 Chicken Alfredo Ravioli Salad Baked Potato Roll	18 <h2 style="margin: 0;">No School</h2>
21 	22	23 <h1 style="font-size: 2em; margin: 0;">Fall</h1>	24 <h1 style="font-size: 2em; margin: 0;">Break</h1>	25 
28 Beef Steak/Gravy Chicken Patty Mashed Potatoes Pinto Beans Cornbread	29 Cheesy Pizza Tuna/Crackers Carrot Sticks/Ranch Fries	30 Spaghetti Fish Wedge Green Beans CA Blend Veggies Breadstick	31 Chicken Parmesan Cheesy Breadstick/Marina Cup Salad Fries Roll	Nov 1 Chicken Sandwich BBQ Sandwich Mustard/Ketchup/LPTO Chips Coleslaw Baked Beans

A variety of milk and fruit is served with breakfast and lunch daily.

Condiments and dressings will be offered depending on the day's menu. **Menus are subject to change.** Check school cafeteria for updates.
This institution is an Equal Opportunity Provider.