



Trousdale County Schools Cafeterias
Elementary, J.B. Satterfield Middle, High

February 2017

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
** Fruit or Fruit Juice <u>MUST</u> be taken with each breakfast meal **				
ES: Sausage Slider Or Cereal Bar MS/HS: Cinnamon Roll/Donut Or Yogurt Parfait	ES: Donuts or Yogurt/Muffin MS/HS: Breakfast Pizza	ES: Pancake or Cereal MS/HS: Chicken Biscuit Or Yogurt Parfait	ES: Breakfast Pizza or Breakfast Cookie MS/HS: Pancake Wraps	ES: Cream Cheese Bagel or Cinnamon Roll MS/HS: Sausage & Egg biscuit Or Yogurt Parfait

At MS/HS: Daily you may choose 2 of the following instead of the above items: Cereal, Yogurt, Granola, Graham Cracker, Muffin, Poptarts

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		1 <u>Chicken Wrap;</u> <u>BBQ Wrap</u> Coleslaw - Chips Salsa cup Cajun Red Beans	8 <u>Nachos;</u> <u>Mini Chicken Taco</u> Fresh Carrots Corn on the Cob Trimming	3 <u>Fish Sandwich;</u> <u>Chicken Sandwich</u> Trimming Tater Tots Fresh Broccoli & Carrots
6 <u>Fiesta Mac;</u> <u>Fish Strips</u> Green Beans Straight Fries Cornbread	7 <u>Ravioli ;</u> <u>Calzone</u> <u>w/marinara</u> Roll Sweet Potato Fries CA Blend Veg	8 <u>Grill Chicken;</u> <u>Hamburger Steak</u> Garlic/Cheddar Biscuit Broccoli Blend Veg Baked Potato	9 <u>Chicken</u> <u>Fajita Bowl;</u> <u>Cheese Burrito</u> Salsa Cup Fiesta Black Bean Carrots & Peas	10 <u>Philly Steak</u> <u>& Cheese Sub;</u> <u>Hamburger</u> Tater Bucks Tomato, Cucumber Spinach Salad
13 <u>Turkey & Gravy</u> <u>Teriyaki Dippers</u> Black Eyed Peas Turnip Greens Sweet Potato Casserole Biscuit	14 DESSERT <u>Pizza Day</u> W.K. Corn Garden Salad	15 <u>Corn Dog</u> <u>Chicken Nuggets</u> Mac & Cheese Steamed Broccoli Straight Fries	16 <u>Quesadilla</u> <u>Beef/Bean Burrito</u> Red Beans & Rice Salsa Tomato/Cheese/ Pepper cup	17 <u>Cheeseburger</u> <u>BBQ Sandwich</u> Triangle Fries Coleslaw Trimming
20 Presidents' Day <i>No School</i>	21 <u>Pork Rib Sub</u> <u>Meatball Sub</u> Redskin Potato Wedge Pinto Beans	22 <u>Steak n'</u> <u>Gravy</u> <u>Grilled Chicken</u> Peas & Carrots Creamed Potato Roll	23 <u>Nachos</u> <u>Mini Chicken Taco</u> Fresh Carrots Corn on the Cob Trimming	24 <u>Ham or Turkey</u> <u>w/cheese Hoagie</u> Chips Trimming Broccoli Salad V8/V-Blend Drink
27 <u>Fish Strips</u> <u>Chicken Strips</u> White Beans Coleslaw Hushpuppies	28 Dessert <u>Pizza Day</u> Marinara Cup W. K. Corn Garden Salad			

Variety of milk and fruit are served with breakfast and lunch daily.
Condiments and dressings will be offered depending on the day's menu.
Menus are subject to change...Check School Cafeteria for updates