

TROUSDALE COUNTY HIGH SCHOOL



October 2021

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Wk 1,3,5</u> Muffin/Crackers	<u>Wk 1,3,5</u> Chicken Biscuit	<u>Wk 1,3,5</u> Breakfast Pizza	<u>Wk 1,3,5</u> Sausage Biscuit	<u>Wk 1,3,5</u> Cereal
<u>Wk 2,4</u> French Toast Sticks/Yogurt	<u>Wk 2,4</u> Chicken Biscuit	<u>Wk 2,4</u> Pancake Pup	<u>Wk 2,4</u> Sausage Biscuit	<u>Wk 2,4</u> Cinnamon Roll

No Personal Pan Pizza Served on Mondays!

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Sept 27 Country Fried Steak/Gravy BBQ Riblet Turnip Greens Pinto Beans Mashed Potatoes Cornbread	Sept 28 Chicken Smackers Broccoli/Cheese/Rice Fries Garlic Cheddar Biscuit Slushie	Sept 29 Quesadilla Refried Beans Salsa Cup Mexican Rice Corn	Sept 30 Chicken Parmesan CA Blend Veggies Cheesy Diced Potatoes Garlic Bread	1 BBQ Sandwich Fries Mustard/Ketchup/LPTO Carrot Sticks/Ranch
4 Chicken Nuggets Garlic Mashed Potatoes Green Peas Roll	5 Corndog Pops Corn Fries	6 Fish Wedge Fries White Beans Coleslaw Hushpuppies	7 Lasagna Broccoli/Cheese Baked Potato Garlic Bread	8 Turkey Sandwich Chips Mustard/Ketchup/Mayo/ LPTO Cucumbers/Ranch V-Blend
11 Gen. Tso Chicken Fried Rice Egg Roll Oriental Veggies Fortune Cookie	12 Chicken Tenders Green Beans Sweet Potato Fries Macaroni/Cheese Slushie	13 Cheesy Chicken Rice Black Bean Salsa Mexican Corn Tortilla Scoops	14 BBQ Chicken Potato Salad Baked Beans Roll	15 No School
18	19 	20 Fall Break!	21 	22
25 Beef Steak/Gravy Grilled Chicken Mashed Potatoes Pinto Beans Roll	26 Chicken Leg Mixed Beans CA Blend Veggies Garlic Cheddar Biscuit	27 Chili/Crackers Hotdog Tater Tots Chuck Wagon Corn	28 Chicken Alfredo Green Beans Scalloped Potatoes Glazed Carrots Roll	29 Chicken Sandwich Chips Mustard/Ketchup/LPTO Coleslaw Baked Beans

A variety of milk and fruit is served with breakfast and lunch daily.

Menus are subject to change due to Pandemic food availability issues. Check school cafeteria for updates.

This institution is an Equal Opportunity Provider.