

# TROUPSDALE COUNTY HIGH SCHOOL

## September 2021

## Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Wk 1,3,5</b> Muffin/Crackers <b>Wk 2,4</b> French Toast Sticks/Yogurt	<b>Wk 1,3,5</b> Chicken Biscuit <b>Wk 2,4</b> Chicken Biscuit	<b>Wk 1,3,5</b> Breakfast Pizza <b>Wk 2,4</b> Pancake Pup	<b>Wk 1,3,5</b> Sausage Biscuit <b>Wk 2,4</b> Sausage Biscuit	<b>Wk 1,3,5</b> Cereal <b>Wk 2,4</b> Cinnamon Roll

**No Personal Pan Pizza Served on Mondays!**

## Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Aug 30</b> Country Fried Steak/Gravy BBQ Riblet Turnip Greens Pinto Beans Mashed Potatoes Cornbread	<b>Aug 31</b> Chicken Smackers Broccoli/Cheese/Rice Fries Garlic Cheddar Biscuit Slushie	<b>1</b> Quesadilla Refried Beans Salsa Cup Mexican Rice Corn	<b>2</b> Chicken Parmesan CA Blend Veggies Cheesy Diced Potatoes Garlic Bread	<b>3</b> <span style="font-size: 1.2em; color: green;">No School- Stockpile Day</span>
<b>6</b> <span style="color: green;">No School- Labor Day</span> 	<b>7</b> Corndog Pops Corn Fries	<b>8</b> Fish Wedge Fries White Beans Coleslaw Hushpuppies	<b>9</b> Lasagna Broccoli/Cheese Baked Potato Garlic Bread	<b>10</b> Turkey Sandwich Chips Mustard/Ketchup/Mayo/ LPTO Cucumbers/Ranch V-Blend
<b>13</b> Gen. Tso Chicken Fried Rice Egg Roll Oriental Veggies Fortune Cookie	<b>14</b> Chicken Tenders Green Beans Sweet Potato Fries Macaroni/Cheese Slushie	<b>15</b> Cheesy Chicken Rice Black Bean Salsa Mexican Corn Tortilla Scoops	<b>16</b> BBQ Chicken Potato Salad Baked Beans Roll	<b>17</b> Hamburger/Cheese Fries Mustard/Ketchup/Mayo/LPTO Broccoli Salad
<b>20</b> Beef Steak/Gravy Grilled Chicken Mashed Potatoes Pinto Beans Roll	<b>21</b> Chicken Leg Mixed Beans CA Blend Veggies Garlic Cheddar Biscuit	<b>22</b> Meatball Sub Roasted Cauliflower Fries	<b>23</b> Chicken Alfredo Green Beans Scalloped Potatoes Glazed Carrots Roll	<b>24</b> Chicken Sandwich Chips Mustard/Ketchup/LPTO Coleslaw Baked Beans
<b>27</b> Country Fried Steak/Gravy BBQ Riblet Turnip Greens Pinto Beans Mashed Potatoes Cornbread	<b>28</b> Chicken Smackers Broccoli/Cheese Fries Garlic Cheddar Biscuit Slushie	<b>29</b> Quesadilla Refried Beans Black Bean Salsa Mexican Rice Corn	<b>30</b> Chicken Parmesan CA Blend Veggies Fries Garlic Bread	<b>Oct 1</b> BBQ Sandwich Fries Mustard/Ketchup/LPTO Carrot Sticks/Ranch

**A variety of milk and fruit is served with breakfast and lunch daily.**

**Menus are subject to change due to Pandemic food availability issues.** Check school cafeteria for updates.

**This institution is an Equal Opportunity Provider.**