



Trousdale County Schools Cafeterias  
Elementary, J.B. Satterfield Middle, High

**March 2017**

**Breakfast**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>** Fruit or Fruit Juice <u>MUST</u> be taken with each breakfast meal **</b>				
<b>ES:</b> Sausage Slider Or Cereal Bar <b>MS/HS:</b> Cinnamon Roll/Donut Or Yogurt Parfait	<b>ES:</b> Donuts or Yogurt/Muffin <b>MS/HS:</b> Breakfast Pizza	<b>ES:</b> Pancake or Cereal <b>MS/HS:</b> Chicken Biscuit Or Yogurt Parfait	<b>ES:</b> Breakfast Pizza or Breakfast Cookie <b>MS/HS:</b> Pancake Wraps	<b>ES:</b> Cream Cheese Bagel or Cinnamon Roll <b>MS/HS:</b> Sausage & Egg biscuit Or Yogurt Parfait

**At MS/HS: Daily you may choose 2 of the following instead of the above items: Cereal, Yogurt, Granola, Graham Cracker, Muffin, Poptart**

**Lunch**

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> <u>Country Fried Steak &amp; Gravy; Roasted Pork w/gravy</u> - Roll Green Beans Mashed Potatoes	<b>2</b> <u>Taco Salad Cheese Burrito</u> Fiesta Black Bean Corn on the Cob Spanish Rice	<b>3</b> <u>Calzone CA Dreamin</u> <u>Chicken</u> Guacamole or Lettuce cup Smiley Fries Antigua Blend Veg
<b>6</b> <u>Chili Mac Chicken Alfredo</u> Breadstick Steamed Broccoli Scalloped Potato	<b>7</b> <u>Turkey Burrito Bowl</u> <u>Mozzarella Sticks</u> Black Bean Salsa Fresh Carrot Sticks	<b>8</b> <u>Fish Wedge Lasagna</u> Garlic Bread Italian Vegetables Spinach Salad	<b>9</b> <u>Beef &amp; Bean Burrito-Quesadilla</u> Red Beans & Rice Salsa Cup Mixed Vegetables	<b>9</b> <u>BBQ Sandwich Cheeseburger</u> Triangle Fries Coleslaw Trimmings
<b>13</b> <u>Hot Dog</u> Popcorn Chicken Curly Fries Cheese Broccoli	<b>14</b> <u>Dessert Pizza Day</u> Garden Salad Deli Roaster Fries	<b>15</b> <u>Chicken Wrap BBQ Wrap</u> Coleslaw - Chips Salsa cup Cajun Red Beans	<b>16</b> <u>Nachos</u> <u>Mini Chicken Taco</u> Glazed Carrots Corn on the Cob Trimmings	<b>17</b> <u>Fish Sandwich</u> <u>Chicken Sandwich</u> Trimmings Tater Tots Steamed Broccoli
<b>20</b> <b>No School Spring Break</b>	<b>21</b> <b>No School Spring Break</b>	<b>22</b> <b>No School Spring Break</b>	<b>23</b> <b>No School Spring Break</b>	<b>24</b> <b>No School Spring Break</b>
<b>27</b> <u>Ravioli</u> <u>Calzone w/marinara</u> Roll Sweet Potato Fries CA Blend Veg	<b>28</b> <u>Grill Chicken Hamburger Steak</u> Garlic/Cheddar Biscuit Broccoli Blend Veg Baked Potato	<b>29</b> <u>Chicken Fajita Bowl</u> <u>Cheese Burrito</u> Salsa Cup Fiesta Black Bean Carrots & Peas	<b>30</b> <u>Philly Steak &amp; Cheese Sub</u> <u>Hamburger</u> Tater Bucks Tomato, Cucumber Spinach Salad	<b>31</b> <b>No School</b>

Variety of milk and fruit are served with breakfast and lunch daily.  
Condiments and dressings will be offered depending on the day's menu.  
**Menus are subject to change...Check School Cafeteria for updates**