

TROUSDALE COUNTY HIGH SCHOOL

August 2019

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Wk 1, 3 & 5 Muffin	Wk 1, 3 & 5 Chicken Biscuit	Wk 1, 3 & 5 Breakfast Pizza	Wk 1, 3 & 5 Sausage Biscuit	Wk 1, 3 & 5 Donuts
Wk 2 & 4 Poptart or Crackers	Wk 2 & 4 Chicken Biscuit	Wk 2 & 4 Pancake Pup	Wk 2 & 4 Sausage Biscuit	Wk 2 & 4 Cinnamon Rolls

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	<div style="background-color: yellow; padding: 5px; display: inline-block;"> Personal Pan Pizzas Served Daily! Starting August 12 </div>		1 Corndog Pops Chicken Strips Corn Fries Breadstick	2 Hamburger/Cheese Sliders Mustard/Ketchup/Mayo/LPTO Fries Carrot Sticks/Ranch
5 Country Fried Steak Pulled Pork Turnip Greens Pinto Beans Mashed Potatoes Cornbread	6 Chicken Smackers Broccoli/Cheese Fries Slushie Breadstick	7 Quesadilla Refried Beans Salsa Cup Mexican Rice Corn	8 Chicken Parmesan Italian Pasta Bake CA Blend Vegetables Fries Garlic Bread	<div style="font-size: 2em; color: #00a0e3; font-weight: bold;"> No School- Youth Fair </div>
12 Chicken Nuggets Mashed Potatoes Green Peas Steamed Carrots Roll	13 Corndog Pops Corn Fries	14 Fish Wedge Fries White Beans Coleslaw Hushpuppies	15 Lasagna Steamed Broccoli Baked Potato Roll	16 Deli Sandwich Chips Mustard/Ketchup/Mayo/LPTO Cucumbers/Ranch
19 General Tso Chicken Fried Rice Egg Roll Oriental Veggies Fortune Cookie	20 Chicken Tenders Green Beans Sweet Potato Fries Macaroni/Cheese Slushie	21 Beefy Nachos/Cheese Refried Beans Salsa Cup Corn Lettuce/Tomato	22 BBQ Sandwich Potato Salad Baked Beans	23 Hamburger/Cheese Mustard/Ketchup/Mayo/LPTO Fries Broccoli Salad
26 Beef Steak/Gravy Mashed Potatoes Pinto Beans Roll	27 Riblet Sandwich Carrot Sticks/Ranch Fries	28 Chicken Leg Mixed Beans CA Blend Vegetables Cornbread	29 Chicken Alfredo Green Beans Glazed Carrots Scalloped Potatoes Roll	30 Chicken Sandwich Mustard/Ketchup/LPTO Chips Coleslaw Baked Beans

A variety of milk and fruit are served with breakfast and lunch daily.

Condiments and dressings will be offered depending on the day's menu. **Menus are subject to change.** Check school cafeteria for updates.
This institution is an Equal Opportunity Provider.