

## TROUSDALE COUNTY HIGH SCHOOL

### February 2019

### Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Wk 1, 3 &amp; 5</b> Muffin	<b>Wk 1, 3 &amp; 5</b> Chicken Biscuit	<b>Wk 1, 3 &amp; 5</b> Breakfast Pizza	<b>Wk 1, 3 &amp; 5</b> Sausage Biscuit	<b>Wk 1, 3 &amp; 5</b> Donuts
<b>Wk 2 &amp; 4</b> Poptart or Crackers	<b>Wk 2 &amp; 4</b> Chicken Biscuit	<b>Wk 2 &amp; 4</b> Pancake Pup	<b>Wk 2 &amp; 4</b> Bacon/Egg/Cheese Croissant	<b>Wk 2 &amp; 4</b> Donuts

### Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<b>A variety of milk and fruit is served with breakfast and lunch daily.</b>		<b>Personal Pan Pepperoni &amp; Cheese Pizza served daily!</b>  <b>Flavor of the Month:</b>		<b>1</b> Hamburger/Cheese Sliders Mustard/Ketchup/LPTO Crunchy Carrot Sticks/Ranch Zesty Fries
<b>4</b> Chicken Nuggets Creamy Mashed Potatoes Green Peas Fresh-Baked Roll	<b>5</b> Hand-Battered Corndog Corn-on-Cob Zesty Fries	<b>6</b> Baked Chicken Leg Slow-Simmered Green Beans CA Blend Vegetables Breadstick	<b>7</b> BBQ Garden-Fresh Salad Hot Baked Potato Fresh-Baked Roll	<b>8</b> Deli-Style Sandwich (Ham) Chips or Fries Cool Cucumbers/Dip Mustard/Ketchup/Mayo Slushie
<b>11</b> Beef Steak w/Gravy Creamy Mashed Potatoes Homestyle Pinto Beans Golden Cornbread	<b>12</b> Breaded Chicken Strips/Tenders Slow-Cooked Green Beans Zesty Fries Homemade Macaroni/Cheese	<b>13</b> Cheesy Quesadilla Refried Beans Salsa Cup Juicy Corn Mexican Rice	<b>14</b> Chicken Parmesan Garden-Fresh Salad Zesty Fries Fresh-Baked Roll	<b>15</b> Hamburger/Cheese Mustard/Ketchup Zesty Fries Creamy Broccoli Salad
<b>18</b>  <b>No School President's Day</b>	<b>19</b> Hotdog Crunchy Carrot Sticks/Ranch Zesty Fries Slushie	<b>20</b> Signature Riblet Sandwich Zesty Fries Homemade Baked Beans	<b>21</b> Classic Lasagna Garden-Fresh Salad Steamed Broccoli Garlic Bread	<b>22</b> Breaded Chicken Sandwich Mustard/Ketchup/Mayo/LPTO Homemade Baked Beans Creamy Coleslaw
<b>25</b> General Tso Chicken Fried Rice Egg Roll Oriental Veggies Fortune Cookie	<b>26</b> Crispy Chicken Smackers Creamy Broccoli/Cheese Zesty Fries	<b>27</b> Chili/Crackers Tater Tots Chuck Wagon Corn	<b>28</b> Italian Pasta Bake Slow-Simmered Green Beans Glazed Carrots Creamy Mashed Potatoes Fresh-Baked Roll	<b>1</b> Toasted Ham/Cheese Sandwich Deli-Style Sandwich Chips or Fries Cool Cucumbers/Dip Mustard/Ketchup/Mayo Slushie